



## **MEET ALERT!!**

**Rock Solid INVITATIONAL** - Don't miss your chance to compete at the venue for the 2024 Region 3 Compulsory Championships! Sign up to compete at Rock Solid for your end of regular season meet. Find all the info here: [SRA-gym.com/invitationals](https://sra-gym.com/invitationals)

**Saginaw Invite 2023** - Get your season started off right with a trip to Saginaw! [CLICK HERE](#) for the meet information.

**Winter Beach Blast** - You don't want to miss the 11th annual Winter Beach Blast on Galveston Island. Find out all the meet information at the following link: [BeachBlastMeet.com/registration/](https://BeachBlastMeet.com/registration/)

*It was great seeing everyone that attended GAT this past weekend. Let's use that knowledge to do great things for Texas Gymnastics!!*

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