



## Message from Lisa Mendel:

Dear Athletes, Parents & Club Owners:

I am reaching out to let you know that the Men's 2024 Academic All-American Recognition Award e-application is open.

Please read the following information carefully:

- Athlete must be an active Men's Program athlete to apply.
- Athlete must have a CUMULATIVE GPA of 3.5 or higher.
- If athlete has a weighted GPA, this is acceptable.
- Athlete MUST complete the e-application.
  - Parents – please DO NOT complete this for Athlete
- If athlete is injured, but still a MAG member of USA Gymnastics, he is still eligible to apply for this recognition.
- Once application is submitted, Athlete will receive an email confirming submission along with a GPA confirmation form.
  - Make sure the email that is provided in the application is an address that is regularly checked or Athlete/Parents will miss important information leading up to Regional Championships.
  - This form goes to the school to complete
  - DO NOT take this form to the school until the end of Athlete's first semester (or school's equivalent) of 2023-2024.
  - The cumulative GPA for a freshman will be whatever his GPA is at the end of his first semester
  - If school does not have a seal, the registrar/counselor can write a letter on school's letterhead to confirm or you can give person my email address and ask registrar/counselor to email me directly with cumulative GPA confirmation.
- There is a \$20 administrative fee.
  - The GPA confirmation form can be emailed to me. As long as I can see the school's seal and all other requirements are met, the application will be approved.
  - Once approved, I can put the administrative fee into the parent or athlete's USAG membership card. You will be notified when this happens and Athlete/parent can login to take care of the fee.
- What do you get under this recognition program:
  - Recognized as a USAG Academic All-American
  - Recognition should be included on college applications
  - Certificate – awarded at respective Regional Championships
    - If you know you will not be at Regional Championships, you can notify me ahead of time to request that the certificate be mailed directly to you.
  - I post the list of Academic All Americans on our website (2023: <https://static.usagym.org/PDFs/Men/Academic%20All-Americans/m-academic-allam-23.pdf>)
  - I provide a list to all NCAA coaches for recruiting
  - If you complete the NCAA Release of Information form, your information is included in a much larger report that I provide to the NCAA coaches where part of it highlights the Academic All-American award recipients.
    - Why is this important to NCAA coaches?
      - I do not provide your GPA information. However, the coaches know that your GPA is 3.5 or higher, so that tells them that you are more likely to be accepted to their institution.
      - The NCAA imposes a hefty penalty if an NCAA coach recruits an athlete that academically cannot get into an institution, so NCAA coaches are very careful

when it comes to who they are recruiting.

Click here to begin: <https://usagym.org/men/awards/academic-all-american/>

Have a wonderful holiday!

Warm wishes,

**Lisa Mendel**

Men's Program Manager

USA Gymnastics

1099 N. Meridian Street, Suite 800

Indianapolis, IN 46204

317.829.5664 | [usagym.org](https://usagym.org)

Texas Men's Gymnastics | 1151 FM 2673, Canyon Lake, TX 78133

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